

FREE AND LOW-COST COMMUNITY FOOD RESOURCES WESTSIDE

Kits Cares Community Market LOW COST AND FREE

Every Thursday, 12.30-2.30 pm
Redemption Church
3512 W 7th Ave W, Vancouver.
West 7th Ave and Collingwood Street

Kits Cares Community Market sells low cost and subsidized produce and canned goods. Cash, debit and credit accepted. There is also a cafe area where guests can enjoy a hot drink and a sweet treat at no cost. Free items of food available

Jewish Family Services FREE

Grocery hampers and prepared meal delivery. Call (604) 257-5151 to register.

All are welcome!

<https://www.jfsvancouver.ca/services/family-and-adult-resources/food-and-support/>

Seniors Lunch at Kitsilano Neighbourhood House LOW COST

Tuesdays 11:00am – 1:00pm.
2305 W 7th Ave, Vancouver
Cost: \$7

Light exercise, engaging conversation, entertainment and a delicious meal.

To register: contact Sara at 604.736.3588 ext 129 or sarad@kitshouse.org

Farm-to-Plate Marketplace SUBSIDIZED

Pickup on Thursday evenings in Kitsilano.
Order fresh food directly from local farmers at farmtoplatemarketplace.com or by calling 778-896-6754. Weekly \$10.00 subsidy available.

Heart to Home Meals LOW COST

Prepared meal delivery program for seniors. Visit <https://www.hearttohomemeals.ca/> or call 1-866-933-1516

Kits House Living Room Food Distribution FREE

Fridays, 11am-1pm
Kitsilano Neighbourhood House, 2305 West 7th Ave

Community space open to all Monday-Friday 9am-4:30pm - no membership or registration required! Features amenities, free WiFi, tea and coffee, and community connections. On Fridays, limited number of fresh and non-perishable food items available to take home - no registration required, no questions asked, while supplies last.

Community Fridge and Food Pantry - Kits House - FREE

Vine Street & 7th Ave – outside Kitsilano Neighbourhood House

Fresh and non-perishable items. Take what you need – leave what you can.

Community Fridge - Kitsilano 13th Ave - FREE

Take what you need – leave what you can.
Located in the alley behind 3066 W 13th

Community Fridge - UBC - FREE

Take what you need – leave what you can.

Everyone is welcome: students, staff, community members.

Located outside Sprouts Cafe in the basement of Life Building, 6133 University Blvd

Community Food Pantry- West Point Grey FREE

Non-perishable items, dry, canned goods. Take what you need – leave what you can.

Trimble St. & 8th Ave




WESTSIDE FOOD
COLLABORATIVE