



WESTSIDE FOOD
COLLABORATIVE

FREE AND LOW-COST COMMUNITY FOOD RESOURCES WESTSIDE

Kits Cares Community Market - LOW COST/FREE

Every Thursday, 12:30 pm-2:30 pm

Redemption Church, 3512 W 7th Ave W, Vancouver.

The Market sells low-cost and subsidized produce and canned goods. Cash, debit and credit accepted.

Guests can also enjoy a hot drink and a sweet treat at a cafe area at no cost. Free items of food available

St. Mary's Kerrisdale Church Hot Lunch - FREE

Every Tuesday, 11:30am - 12:30pm

2490 W 37th at Larch, Vancouver.

Free, sit-down hot lunch. Hot entree or soup, salad, bread, and sweets. Arrive 30 min prior to enjoy a coffee/tea with others. All welcome!

Jewish Family Services - Cooked with Chesed Meal Delivery - LOW COST

Subsidized meal delivery service for seniors and those requiring additional support. (\$10 for 5 prepared meals). Meals are Kosher Pareve (BCK certified). For more information or to register, contact the JFS care line at 604-558-5719 or

<https://www.jfsvancouver.ca/services/food-services/cooked-with-chesed/>

Seniors Lunch at Kits House - LOW COST

Tuesdays 11:00 am – 1:00 pm.

2305 W 7th Ave, Vancouver. Cost: \$7

Light exercise, engaging conversation, entertainment and a delicious meal.

To register, contact Sara at 604.736.3588 ext 129 or sarad@kitshouse.org

Farm-to-Plate Marketplace - SUBSIDIZED

Pickup is on Thursday evenings in Kitsilano.

Order fresh food directly from local farmers at farmtoplatemarketplace.com or by calling 778-896-6754. Weekly \$10.00 subsidy available.

Heart to Home Meals - LOW COST

Prepared meal delivery program for seniors. Visit <https://www.hearttohomemeals.ca/> or call 1-866-933-1516

Kits House Living Room Food Distribution - FREE

Fridays, 11 am-1 pm

Kitsilano Neighbourhood House, 2305 West 7th Ave

Fresh and non-perishable food items are available to take home - no registration required, no questions asked, while supplies last.

Threelinks Sunday Breakfast Program - FREE

Every Sunday, 9:30 am to 11:30 am

Odd Fellows Lodge, 1443 W 8th Ave, Vancouver.

Warm breakfast for individuals experiencing homelessness, featuring items such as ham, egg, and cheese sandwiches, coffee, muffins, cereal, pancakes, hot chocolate, water, and juice.

Kitsilano Community Centre Breakfast Program- FREE

Every Saturday, 7:30am-9am

Kitsilano Community Centre, 2690 Larch Street

“Kitsilano Shower Program/Breakfast Club for People Experiencing Homelessness”: hot breakfast until 8:45am, showers until 9am, toiletries and clean change of clothes provided,

Kits Community Fridge and Pantry - FREE

Vine Street & 7th Ave – outside Kitsilano

Neighbourhood House

Take what you need – leave what you can.

Community Fridge - Kitsilano 13th Ave - FREE

Located in the alley behind 3066 W 13th

Take what you need – leave what you can.

St. James Community Square Food Pantry - FREE

10th Ave. & Trutch Str.

Take what you need – leave what you can. No policing. No shame.

St. Mary's Kerrisdale Church Food Pantry- FREE

2490 W 37th Ave & Larch Str. Opens October 8.

Non-perishable food goods and personal hygiene items. Take what you need – leave what you can. No policing. No shame.

Community Food Pantry- West Point Grey - FREE

Trimble St. & 8th Ave

Non-perishable items, dry, canned goods. Take what you need – leave what you can.

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Contact wfc@kitshouse.org with questions and updates.