

Non-Fiction

Caring for A Loved One with Dementia: A Mindfulness-based Guide for Reducing Stress and Making the Best of Your Journey Together

Manteau-Rao, Marguerite (2016)

362.19683 M29c

Creating Moments of Joy Along the Alzheimer's Journey

Brackey, Jolene (2017)

362.196831 B79c1

The Dementia Caregiver: A Guide to Caring for Someone with Alzheimer's Disease and Other Neurocognitive Disorders

Agronin, Marc E. (2016)

616.83 A281d

When Someone You Know Has Dementia: Practical Advice for Families and Caregivers

Andrews, June (2016)

616.83 A56w

Live and Laugh With Dementia: The Essential Guide to Maximizing Quality of Life (2nd Ed.)

Low, Lee-Fay (2018)

616.83 L91L

The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer's disease, Other Dementias, and Memory Loss (6th Ed.)

Mace, Nancy L. & Rabins, Peter V. (2017)

616.83 M14t5

Connecting in the Land of Dementia: Creative Activities to Explore Together

Shouse, Deborah (2016)

616.83 S55c

Biography & Memoir

All Things Consoled – A Daughter's Memoir

Hay, Elizabeth (2018)

306.874 H412a

Be With – Letters to a Caregiver

Barnes, Mike (2018)

362.104 B26b

Will I still be me? Finding a continuing sense of self in the lived experience of dementia

Bryden, Christine (2018)

362.19683 B91w

Memory's Last Breath – Field Notes on My Dementia

Saunders, Gerda (2017)

362.19683 S25m

What the Hell Happened to My Brain? Living Beyond Dementia

Swaffer, Kate (2016)

616.83 S97w

The Last Ocean – A Journey through Memory and Forgetting

Gerrard, Nicci (2019)

616.831 G37g

Somebody I used to know: a memoir

Mitchell, Wendy (with Anna Wharton) (2018)

616.831 M682s

Feeding My Mother – Comfort and Laughter in the Kitchen as My Mom Lives With Memory Loss

Arden, Jann (2017)

632.196831 A67f

Adult Fiction

Soucouyant (2007) Chariandy, David

Still Alice (2009) Genova, Lisa

The Wide Circumference of Love (2017) Golden, Marita

Little Sister (2017) Gowdy, Barbara

Elizabeth is Missing (2014) Healey, Emma

Left: a love story (2018) Hogan, Mary

Everything Under (2018) Johnson, Daisy

We Are Not Ourselves (2014) Thomas, Matthew

Books for Children

The Remember Balloons (2018)
Oliveros, Jessie [J+FIC]

The Rainbow Rocket (2013)
Lam, Fiona Tinwei [J FIC EASY]

Forget me not (2014)
Van Laan, Nancy [J FIC EASY]

Merci Suárez Changes Gears (2018)
Medina, Meg [J FIC]

Just Like Jackie (2018)
Stoddard, Lindsey [J FIC]

Resource List: Focus on Dementia

The following list is a sample from the Vancouver Public Library's extensive collection of resources. Please visit or call your nearest branch or go to www.vpl.ca to request these items.

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